

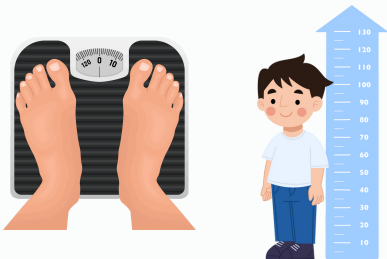

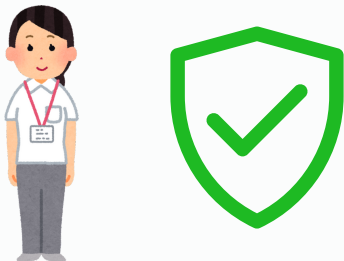


# Growth Checks

## for children in Year 6



**Why do children in Year 6 have their height and weight checked?**

	<p>Children in Year 6 have their height and weight checked at school as part of the National Child Measurement Programme (NCMP). Height and weight are used to calculate weight categories of children.</p>
	<p>This helps us understand how many children are overweight, healthy weight, or underweight. Your child's class will take part in this year's programme.</p>
	<p>The checks are done by trained Health Care Support Workers. Children are measured with their clothes on, except for their coats and shoes. This is done in a private space away from other pupils.</p>



## The information we collect and what it is used for:

	<p>Your child's age, gender, and date of birth are used to calculate your child's weight category.</p>
	<p>Your child's name, Date of Birth and NHS number are used to link your child's measurements from Reception and Year 6. Linking your child's information in this way helps us to understand how and why the weight status of children is changing, and how this affects children's health.</p>
	<p>Your child's ethnicity and address are used to help understand some of the reasons for the difference and changes in child weight across England.</p>
	<p>Your address is needed to send you your child's feedback letter. This will include your child's measurements and information about healthy eating and being active.</p>
	<p>We need your email address and telephone number if we need to discuss your child's feedback or send you your child's feedback letter by email. We may also offer you further support after your child's height and weight measurement.</p>
	<p>All this information is treated confidentially and held securely by us. No individual measurements will be given to school staff or other children. Information about how we collect, and use information can be found at "Your Information, Your Rights" page on our website <a href="http://www.hiowhealthcare.nhs.uk">www.hiowhealthcare.nhs.uk</a></p>



## Withdrawing your child from the National Child Measurement Programme

	<p>If you are happy for your child to be measured, you do not need to do anything.</p>
	<p>If you do not want your child's height and weight to be checked, or your child has a medical condition that affects their height or weight, <b>please let us know</b> by calling 0300 123 6629 or email us at <a href="mailto:portsmouthhealthvisitingclient@solent.nhs.uk">portsmouthhealthvisitingclient@solent.nhs.uk</a></p>
	<p>Children will not be made to take part on the day if they do not want to.</p>



### Further information

	<p>Further information about the National Child Measurement Programme can be found at: <a href="https://www.nhs.uk/live-well/healthy-weight/childrens-weight/national-child-measurement-programme/">https://www.nhs.uk/live-well/healthy-weight/childrens-weight/national-child-measurement-programme/</a></p>
	<p>Information and fun ideas to help your kids stay healthy can be found at: <a href="https://www.nhs.uk/healthier-families/">https://www.nhs.uk/healthier-families/</a></p>

We CARE through:



Compassion



Accountability



Respect



Excellence