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King's Academy College Park

A King's Group Academy

Headteacher: Mrs R Carlyle

Tuesday 3rd June 2025

Year 6 – Relationships and Sex Education (Summer 2)

Dear Parents/Carers,

As part of our curriculum, the Year 6 children will be taking part in relationships and sex education lessons. Four lessons will take place weekly, commencing Thursday 12th June 2025. During each lesson, time will be given for discussion and independent activities.

Please do not let the media panic you into the content of these lessons. As parents/carers, you have the right to see the overview of planning, as detailed below.

As in line with our policy and national guidelines, you do not have the right to withdraw your child from these lessons. (Please see the link to our website : <https://www.kgacollegepark.uk/site/data/files/policies-and-information/5856D0EBB6F440F2972DDBB691D77C54.pdf>)

Lesson 1 – Puberty recap

This lesson explores the physical and emotional changes that happen through puberty.

Lesson 2 – Change and becoming independent

This lesson explores how we emotionally deal with change and transition to secondary school. The pupils will look at how they will become more independent and the feelings they may experience to do with change. Finally they will explore strategies of how to deal with these feelings.

Lesson 3 – Positive and healthy relationships

This lesson explores mutual respect within relationships and the different kinds of loving relationships.

Lesson 4 – How a baby is made

This lesson explores how a baby is made, the process of being pregnant and how parenthood changes your life.

Your child may want to discuss these areas further with you at home. Please feel free to contact your child's teacher if you have any further queries.

Thank you for your support.

Yours sincerely,

Mr Bullen
Year 6 Lead