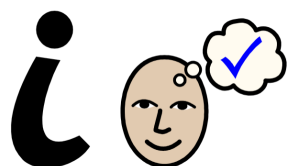


Growth Checks for children in Year 6



Why do children in Year 6 have their growth checked?

	<p>Children in Year 6 have their height and weight checked at school as part of the National Child Measurement Programme (NCMP). Height and weight are used to calculate weight categories of children.</p>
	<p>This helps us understand how many children are overweight, healthy weight or underweight. Your child's class will take part in this year's programme.</p>
	<p>The checks are done by trained health care support workers. Children are measured with their clothes on, except for their coats and shoes. This is done in a private space away from other pupils.</p>



The information we collect and what it is used for:

	<p>Your child's age, gender, and date of birth are used to calculate your child's weight category.</p>
	<p>Your child's name, date of birth and NHS Number are used to link your child's measurements from Reception and Year 6.</p> <p>Linking your child's information in this way helps us to understand how and why the weight status of children is changing, and how this affects children's health.</p>
	<p>Your child's ethnicity and address are used to help understand some of the reasons for the difference and changes in child weight across England.</p>
	<p>Your address is needed to send you your child's feedback letter. This will include your child's measurements and information about healthy eating and being active.</p>
	<p>We need your email address and telephone number if we need discuss child's feedback or send you your child's feedback letter by email.</p> <p>We may also offer you further support after your child's height and weight measurement.</p>
	<p>All this information is treated confidentially and held securely by us. No individual measurements will be given to school staff or other children.</p> <p>Information about how we collect and use information can be found at "Your Information, Your Rights" page on our website www.solent.nhs.uk</p>



Withdrawing your child from the National Child Measurement Programme

	<p>If you are happy for your child to be measured, you do not need to do anything.</p>
	<p>If you do not want your child's height and weight to be checked, or your child has a medical condition that affects their height or weight please let us know by calling 0300 123 6629 or email us at portsmouthschoolnursingservice@solent.nhs.uk</p>
	<p>Children will not be made to take part on the day if they do not want to.</p>



Further information

	<p>Further information about the National Child Measurement Programme can be found at: www.nhs.uk/live-well/healthy-weight/national-child-measurement-programme</p>
	<p>Information and fun ideas to help your kids stay healthy can be found at: www.nhs.uk/change4life</p>