## Lyndhurst Junior School Primary P.E. & Sports Premium 2019 - 2020







'Children Playing, Improving & Smiling on a Learning Journey to Success'



Evidencing the Impact of the Primary PE and Sport Premium

Website Reporting Tool Revised December 2017

Commissioned by **Department for Education** 





\*Amended by Lyndhurst Junior School (A King's Group Academy)

Schools must use the funding to make **additional and sustainable** improvements to the quality of PE and sport they offer. This means that we should use the Primary PE and Sport Premium to:

- develop or add to the PE and sport activities that your school already offers
- build capacity and capability within the school to ensure that improvements made now will benefit pupils joining the school in future years

Revised DfE guidance includes outlining the 5 key indicators across which schools should demonstrate an improvement:

- 1. The engagement of all pupils in regular physical activity.
- 2. The profile of PE and sport being raised across the school as a tool for whole school improvement.
- 3. Increased confidence, knowledge and skills of all staff in teaching PE and sport.
- 4. Broader experience of a range of sports and activities offered to all pupils.
- 5. Increased participation in competitive sport.



Support for review and reflection - considering the 5 key indicators from DfE, what development needs are a priority for your setting and your students now and why? Use the space below to reflect on previous spend, identify current need and priorities for the future.

Key achievements to date:	Areas for further improvement and baseline evidence of need:
<ul> <li>Football remains a strength of the school. The Under 11 team won their local cup competition and also reached the semi-final of the Hampshire Cup, whilst the Under 9 team finished runners-up in an incredibly competitive league, missing out on the title by just two points.</li> <li>For the second year in a row, eight children participated in and won a city-wide 'Quadkids' athletics competition. This qualified them for the Hampshire School Games, where some of them broke their own personal bests in a range of events. The school also improved its overall placing at the Hampshire Games by three when compared to its performance in 2018.</li> <li>Our range of extra-curricular physical activity/promoting healthy lifestyles continues to grow annually. For example, for the first time in many years, the school successfully ran a netball squad involving fourteen children from Year 6 who had never played the sport competitively before. Successes included finishing runners up in two local competitions.</li> </ul>	<ul> <li>In order to build upon the successes of 2018-19, we need to continue to develop and broaden levels of staff confidence, subject knowledge and skills in the teaching of Physical Education (Evidence – staff surveys, monitoring the quality of teaching and learning activities).</li> <li>We continue to recognize that, whilst many of our pupils enjoy physical activity, it is more difficult to engage a minority of them who, alongside leading a generally healthy lifestyle, do not understand its importance (Evidence – take up of participation in sports clubs and competitions, observations at play and lunch-times).</li> </ul>

Meeting national curriculum requirements for swimming and water safety	Please complete all of the below*:	
The percentage of the 2018-2019 Year 6 cohort who swim competently, confidently and proficiently over a distance of at least 25 metres?	69%	
The percentage of the 2018-2019 Year 6 cohort who use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?	58%	
The percentage of the 2018-2019 Year 6 cohort who perform safe self-rescue in different water-based situations?	29%	
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity <b>over and above</b> the national curriculum requirements. Has this been used in this way in 2018-2019?	No	











## **Action Plan and Budget Tracking**

Created by: Physical Education

Capture your intended annual spend against the 5 key indicators. Clarify the success criteria and evidence of impact that you intend to measure to evaluate for students today and for the future.

Academic Year: 2019/20	Total fund allocated: £20,730	Date Updated: 21st July 2020		
<b>Key indicator 1:</b> The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school				Percentage of total allocation: 42%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
Further develop the use of the 'Anomaly' interactive screens on both front and back playgrounds, with a focus on engagement in physical activity within other National Curriculum subject areas, but also more generally at playtimes and before and after school.  Through regularly updating the 'ticker' feature, to educate and inspire parents on the benefits of regular physical activity, which will then impact positively on our pupils.	<ul> <li>software issues are now fully resolved.</li> <li>Refresh the training of teaching staff so that they are reminded of the content available and confident in its use.</li> <li>Teaching staff to plan and use Quizical in order to promote physical activity and healthy lifestyles across a range of National</li> </ul>		<ul> <li>The use of the screens continued in both playgrounds for wake and shake activities.</li> <li>Until the Covid-19 outbreak, the ticker was regularly updated. This encouraged children to regularly take part in physical activity and also both publicized and celebrated the achievements of our sports teams. Bespoke playlists for playtimes and lunchtimes also continued, displaying a range of physical activities.</li> <li>Despite the resolution of technical issues, due to external factors, the use of the screens to promote physical activity and healthy lifestyles across a range of National Curriculum subject areas was limited.</li> </ul>	<ul> <li>Final payment on this investment has now been made and the exact future of this equipment has yet to be fully finalized. However, should it remain in situ, scope exists to maintain and extend the use of the screens in promoting physical activity. In a cross-curricular sense during lesson times, this could include greater use of the preloaded Quizical software.</li> <li>The money saved will be diverted to the further development of yoga across the school, the promotion of greater levels of physical activity in a range of sports at lunchtimes (particularly for girls) and the extension of extra-curricular sporting activities which are on offer to all pupils.</li> </ul>

Supported by: SPORT SNOLAND LOTTERY FUNDED COACHING COACHING More people More active Coaching Coaching

Key indicator 2: The profile of PE and sport being raised across the school as a tool for whole school improvement				Percentage of total allocation:
				18%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
To further extend the range of physical activity offered at lunchtimes (through activities, coaching and resourcing) thereby engaging more pupils in sustained activity so that they are physically healthy. This will, in turn, impact on mental well-being and capacity to learn in afternoon sessions. It will also increase children's skills and enjoyment whilst encouraging more of them to participate in a range of different sports beyond the school day.	<ul> <li>Re-engage Skilful Sports Company to deliver lunchtime sports sessions every Monday and Friday for children to access on a rota basis.</li> <li>Ensure that coaches work to vary the range of sports on offer.</li> <li>Lunchtime staff to supervise and participate where appropriate, so that children see adults joining in and that these members of staff are also up-skilled.</li> <li>Purchase extra resources on a needs basis as existing equipment becomes in need of replacement.</li> </ul>	£3,700	<ul> <li>Due to Covid-19, only £2,300 of this allocation was spent.</li> <li>Until Covid-19 intervened, twice-weekly sessions were regularly delivered by Skilful Sports and the range of activities on offer was broadened.</li> <li>Lunchtime staff were encouraged to observe the coaches and work and learn from them.</li> <li>Plans for quantitative attitudinal surveys had to be shelved due to the circumstances. However, both informal observations on the playground and anecdotal evidence suggests that additional children than would have otherwise been the case were engaged in playing different sports and lunchtime staff were seen applying some of their new learning with the children.</li> </ul>	<ul> <li>The £1,400 carried over from 2019-20 due to Covid-19 will contribute towards the commitment to extend and improve lunchtime provision, particularly for girls and other harder to engage groups.</li> <li>Whilst retaining the services of the existing coaches, look to engage others who can offer a range of activities that will compliment those on offer from Skilful Sports, on at least two of the three lunchtimes that they are not in school.</li> <li>Continue to encourage lunchtime staff to learn from external coaches and apply this effectively in their roles.</li> </ul>













Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport				Percentage of total allocation:
				35%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
Collaboration with specialist yoga teacher. This has been selected as the focus for the CPD in order to better support staff in developing mindfulness among the pupils whilst, at the same time, offering the children a broader range of physical activity than they would otherwise receive (see also Key Indicator 4).	<ul> <li>Liaise with specialist teacher to work alongside staff on a rota basis.</li> <li>Ensure SLT regularly evaluate and learning is put into practice.</li> </ul>	£7,280	<ul> <li>Due to Covid-19, only £5,209.30 of this allocation was spent.</li> <li>Yoga provision for Year 6 was completed and that for Year 5 was started. Years 3 and 4, due to Covid-19, received no provision.</li> <li>Anecdotal evidence (see below) strongly suggests the sessions that were delivered were impactful and positively received by all teachers and the vast majority of children, including the girls (who, as a group in general, continue on the whole to be harder to engage). Year 6 children: 'I have enjoyed the yoga and it has taught me breathing techniques which help me to calm down.' 'I love drama and used to get really nervous before any auditions. I use the techniques I have been taught to calm me down before going on stage. I have loved doing the sessions.' Year 6 teacher: 'The children will often arrive very excitable after lunch and the sessions really help to calm them down. There is a real calmness around the school after doing the yoga.'</li> </ul>	that all children in the school receive nine weeks of yoga (one session per week) during the 2020-21 academic year. This will be in two blocks, one of six and the other three weeks.  • Teachers are present in all sessions, not only to join in but also so that they learn enough to be able to run simple sessions by themselves.







ey indicator 4: Broader experience of a range of sports and activities offered to all pupils				Percentage of total allocation	
				1%	
School focus with clarity on intended impact on pupils:		Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:	
Increase the range of extra-curricular provision offered to all pupils so that a minimum of 20% are involved in such apportunities.	<ul> <li>PE Lead to extend Change 4         Life Club so that a new group         of Year 5 children are trained         as leaders and further Year 3         children identified as being         difficult to engage in regular         physical activity are targeted         for intervention.</li> <li>Continue to promote clubs on         offer within the school: netball         club, dance club, girls' football,         karate and so on.</li> </ul>	£250	<ul> <li>Changes to the timetable made successfully running the Change 4 Life Club a challenge, due to the fact that the cross-over between the lunch playtimes of the older and younger children has markedly decreased. As a result, only limited progress was possible and this will therefore need further consideration if this idea is to move forward in future.</li> <li>Girls' football, dance and karate clubs all ran regularly until lockdown and, through levels of take up by the children, have been all been positively received.</li> </ul>		









Key indicator 5: Increased participation in competitive sport				Percentage of total allocation:
				4%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
As a school with very limited amount of outdoor space and no grass, we need to hire off-site facilities and provide transport to increase access to a wider variety of sporting events and competitions. Our pupils are competitive but require the opportunities to participate and compete.	<ul> <li>Ensure minibus is roadworthy and fueled.</li> <li>Hire football pitches for trials and home cup matches.</li> <li>Cover entry fees for leagues and competitions e.g. football, netball and athletics.</li> <li>School kit purchased and laundered, as necessary.</li> </ul>	£750	NOTE: Due to staffing issues at the beginning of the school year and the suspension of all school sport in March 2020, little impact in this area was possible. In terms of funding, this was instead spent on equipment, such as more yoga mats, airflow balls and netball posts, in order that we were better able to promote regular physical activity (Key indicator 1) safely during the Covid-19 outbreak.	Extend provision further by ensuring that a netball team is reestablished and entered









