

## King's Academy College Park

# PSHE Curriculum Statement

#### Intent

At King's Academy College Park, we believe that every child will be able to identify, discuss and deal with a range of issues they face in their everyday life.

Public Health England data analysis of Portsmouth City clearly outlines a number of issues, which may be faced by our pupils. Compared to national figures, in Portsmouth there is lower than average life expectancy, greater numbers of teenage pregnancies, higher levels of alcohol related hospital stays for under 18 year olds, and much higher rates of violent crime.

The Covid pandemic has highlighted a range of difficulties our children may have faced, from close family members falling ill and financial and personal lockdown pressures.

The planned programme of PSHE Education, along with our mental health and well-being provision, in our schools is designed to support our pupils when dealing with the difficult moral, social and health-related issues that they may face and help them to develop the knowledge and skills they need to live confident, healthy, independent lives as individuals, parents, workers and members of society. Section 2.5 of the National Curriculum framework document states that:

'All schools should make provision for personal, social, health and economic education (PSHE), drawing on good practice.'

### **Implementation**

At King's Academy College Park, we have adopted the PSHE association Programme of Study supported by the DFE to create a well-rounded curriculum.

The aims of this Programme of Study are to provide pupils with:

- accurate and relevant knowledge
- opportunities to turn that knowledge into personal understanding
- opportunities to explore, clarify and if necessary challenge, their own and others' values, attitudes, beliefs, rights and responsibilities
- the skills and strategies they need in order to live healthy, safe, fulfilling, responsible and balanced lives.

The learning activities are based around the current three key areas for PSHE, 'Relationships', 'Health and Well-being' and 'Living in the Wider World'.

#### **Impact**

The skills our children develop in these areas are built upon year by year. Encouraging confidence to share their understanding of issues and how they are affected by them and ways in which they can be responsible for their own choices.