



## King's Academy College Park

### Physical Education Curriculum Statement

#### **Intent**

At Kings Academy College Park School, we believe that every child will achieve a high level of physical education. Our aim is to ensure every child has the opportunity to develop their well-being and fitness through skilled and inspirational professionals enabling high quality learning. We want our children to enjoy and be motivated in PE lessons. This is achieved through skilled teaching, extra-curricular activities and a variety of lunchtime provisions. In addition to this, we aim to provide opportunities for children to compete in sport and other activities in order to build resilience and embed values such as teamwork, resilience, responsibility and respect.

#### **Implementation**

At Kings Academy College Park Infant, we have whole school Wake and Shake sessions, lunchtime provision, extra-curricular activities, weekly PE lessons (either indoor or outdoor) and skilled teachers providing specific provision in a variety of areas in PE. At Kings Academy College Park Junior, we have weekly outdoor Games lessons run by Zuko Sports and fortnightly indoor PE lessons as well as providing extra-curricular activities. We also have extra lunchtime provisions across the school. This year, we are also hoping to arrange for our Year 3 and 5 pupils to undertake a short course of swimming lessons, which are off-site, at a nearby large local pool.

Physical Education Curriculum development within the Early Years Foundation Stage focuses on developing:

Co-ordination, Control, Manipulation, Spatial Awareness, Movement.

Physical Education within the primary years focuses on the National Curriculum key aims:

- To develop competence to excel in a broad range of physical activities
- To be physically active for sustained periods
- To engage in competitive sports and activities
- To lead healthy, active lives

#### **Impact**

We help motivate children to participate in a variety of sports through quality teaching that is engaging and fun. From our lessons, our children learn to take responsibility for their own health and fitness, many of whom also enjoy the success of competitive sports. We equip our children with the necessary skills and a love for sport. They will hopefully grow up to live happy and health lives utilising th skills and knowledge acquired through PE.

*October 2021*