



Lyndhurst Junior Spring/Summer Menu 2021

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One	Macaroni Cheese	Pork Sausage, Mashed Potatoes and Gravy	Roast Chicken with Stuffing, Roast Potatoes and Gravy	Cheese and Tomato French Bread Pizza	Fishfingers with Chips
15/3/2021	Soya Spaghetti Bolognese	Vegetarian Sausages, Mashed Potato and Gravy	Vegetable Wellington with Roast Potatoes and Gravy	Baked potatoes with BBQ Baked Beans	Wholemeal Cheese and Tomato Quiche with Chips
19/4/2021	Jacket potatoes with Baked Beans	Jacket potatoes with Cheese	Jacket potatoes with Tuna Mayonnaise	Jacket potatoes with Cheese	Jacket potatoes with Tuna Mayonnaise
10/5/2021	Sweetcorn Peppers	Cauliflower Cabbage	Swede and Carrot Mash	Sweetcorn	Baked Beans Peas
7/6/2021	Marble Sponge with Custard	Pineapple Cake	Chocolate Cookie	Apple, Cheese and Crackers	Fruit Or Yoghurt
28/6/2021					
19/7/2021					
Or a choice of Yoghurt & Fresh Fruit available daily					

	Monday	Tuesday	Wednesday	Thursday	Friday
Week Two	Sausage Roll with Wedges	Mexican Beef Chilli with 50/50 Rice	Roast Pork Roast Potatoes and Gravy	Cheese and Tomato French Bread Pizza	Fish in Batter with Chips
22/3/2021	Tomato and Vegetable Pasta	Vegetable Hotpot	Quorn Roast Fillet with Roast Potatoes and Gravy	Chickpea Curry with 50/50 Rice	Cheese Frittata with Chips
26/4/2021	Jacket potatoes with Baked Beans	Jacket potatoes with Cheese	Jacket potatoes with Tuna Mayonnaise	Jacket potatoes with Baked Beans	Jacket potatoes with Tuna Mayonnaise
17/5/2021	Sweetcorn Broccoli	Peas Carrots	Fresh Mixed Vegetables	Sweetcorn	Baked Beans Peas
14/6/2021	Oaty Apple Crumble and Custard	Chocolate Cake with Chocolate Drizzle	Vanilla Shortbread	Apple Cheese & Crackers	Fruit or Yoghurt
5/7/2021					
Or a choice of Yoghurt & Fresh Fruit available daily					

	Monday	Tuesday	Wednesday	Thursday	Friday
Week Three	Chicken Tikka Curry with 50/50 Rice	Chicken and Sweetcorn Pie, New Potatoes and Gravy	Roast Turkey Roast Potatoes and Gravy	Cheese and Tomato French Bread Pizza	Fishfingers with Chips
8/3/2021	Lentil and Sweet Potato Curry with 50/50 Rice	Five Bean Chilli with 50/50 Rice	Potato and Courgette Stack with Roast Potatoes	Broccoli and Cheese Pasta Bake	Vegan Mexican Bean Roll with Chips
29/3/2021	Jacket potatoes with Baked Beans	Jacket potatoes with Cheese	Jacket potatoes with Tuna Mayonnaise	Jacket potatoes with Baked Beans	Jacket potatoes with Tuna Mayonnaise
3/5/2021	Broccoli Carrots	Sweetcorn Broccoli	Peas Cauliflower	Sweetcorn	Baked Beans Peas
24/5/2021	Oaty Cookie	Banana Sponge and Custard	Peaches and Ice Cream	Chocolate and Mandarin Brownie	Fruit or Yoghurt
21/6/2021					
12/7/2021					
Or a choice of Yoghurt & Fresh Fruit available daily					