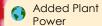
llege Park Autumn Menu 2021		
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Wholemeal

Available
Daily:

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)

- Bread freshly baked on site daily

- Daily salad selection

ALLERGY
INFORMATION:
If your child has

an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of

contamination.

Caterink						
feeding the imagination		Monday	Tuesday	Wednesday	Thursday	Friday
	Option 1	Sausage Pasta Bake	Beef Burger in a Bun with Potato Wedges	Roast Chicken, Stuffing, Roast Potatoes and Gravy	BBQ Chicken Pizza with Wedges	MSC Fish Fingers with Chips and Tomato Sauce
Week One	Option 2	Macaroni Cheese	Vegan Sausage Hot Dog Roll with Potato Wedges	Vegetable Wellington with Roast Potatoes and Gravy	Cheese & Tomato Pizza with Wedges	Homity Pie with Chips (Cheese & Potato Pie)
30/08/2021 20/09/2021	Option 3	Egg Mayonnaise Sandwich, Crudiés, Piece of Fruit, Chocolate & Mandarin Brownie	Tuna Wrap, Crudié s, Piece of Fruit, Pear & Raisin Sponge	Cheese Bap, Crudités, Piece of Fruit and Vanilla Shortbread	Tuna Wrap, Crudié s, Piece of Fruit and Oaty Cookie	Egg Mayonnaise Sandwich, Crudié s, Piece of Fruit and Marble Sponge
11/10/2021 08/11/2021	Vegetables	Green Beans Carrots	Garden Peas Sweetcorn	Cauliflower Cabbage	Broccoli Sweetcorn	Baked Beans Garden Peas
29/11/2021	Dessert	Chocolate & Mandarin Brownie	Pear & Raisin Sponge & Custard	Vanilla Shortbread	Oaty Cookie	Marble Sponge
			Or a choic	e of Yoghurt & Fresh Fruit avai	lable daily	

## **Week Two** 06/09/2021 27/09/2021 18/10/2021 15/11/2021 06/12/2021

	Option 1	Mediterranean Chicken Stew with Rice	Beef Pasta Bake	Roast Turkey with Roast Potatoes and Gravy	Beef & Red Pepper Pizza with Wedges	MSC Fish Fingers with Chips and Tomato Sauce
	Option 2	Vegetarian Lasagne	Jacket Potato & Beans	Roasted Quorn Fillet, Roast Potatoes and Gravy	Cheese & Tomato Pizza with Wedges	Mexican Bean Roll with Chips
	Option 3	Egg Mayonnaise Sandwich, Crudié s, Piece of Fruit, Banana Sponge	Tuna Wrap, Crudié s, Piece of Fruit, Chocolate Shortbread	Cheese Bap, Crudié s, Piece of Fruit and Oaty Cookie	Tuna Wrap, Crudié s, Piece of Fruit and Peach Cake	Cheese Bap, Crudié s, Piece of Fruit and Biscuit
	Vegetables	Green Beans Cauliflower	Sweetcorn Garden Peas	Cabbage Carrots	Sweetcorn Broccoli	Baked Beans Garden Peas
	Dessert	Banana Sponge & Custard	Chocolate Shortbread	Oaty Cookie	Peach Upside Down Cake & Custard	Fruit Salad

Or a choice of Yoghurt & Fresh Fruit available daily

Vanilla Shortbread

On a classic of Value at 0 Feeds Finite and labels about

Eves Pudding and

Custard

Ice Cream

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13/09/2021 04/10/2021 01/11/2021 22/11/2021 13/12/2021

Orange & Lemon

Shortbread

Dessert

	Option 1	Spaghetti Bolognaise	Sausage Roll with Wedges	Roast Gammon, Roast Potatoes and Gravy	Chicken Pizza with Wedges	MSC Fish Fingers with Chips and Tomato Sauce
<b>,</b>	Option 2	Vegetarian Tortilla Stack with Rice	Shepherdess Pie with Gravy	Mixed Vegetable Loaf with Roast Potatoes and Gravy	Cheese & Tomato Pizza with Wedges	BBQ Quorn with Chips
	Option 3	Egg Mayonnaise Sandwich, Crudié s, Piece of Fruit, Orange & Lemon Shortbread	Tuna Wrap, Crudiés, Piece of Fruit, Chocolate Cake	Cheese Bap, Crudi <b>é</b> s, Piece of Fruit and Vanilla Shortbread	Tuna Wrap, Crudiés, Piece of Fruit and Apple Sponge	Cheese Bap, Crudités, Piece of Fruit and Ice Cream
	Vegetables	Broccoli Sweetcorn	Garden Peas Carrots	Carrot and Swede Mash	Green Beans Cauliflower	Baked Beans Garden Peas

Chocolate Sponge with

Chocolate Sauce