

Spring / Summer Menu 2022 College Park

	Monday	Tuesday	Wednesday	Thursday	Friday
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Week One 28th Feb 21st March 25th April 16th May 13th June 04th July 29th August 19th September 10th October	Option 1	Tomato Pasta	Beef Burger in a Bun with Potato Wedges	Roast Chicken, Roast Potatoes, Stuffing & Gravy	Beef and red pepper Pizza with Potato wedges	Fish wit Fingers Chips & Tomato Sauce
	Option 2	Jacket Potato with Cheese	Vegan Sausage Hot Dog with Potato Wedges	Vegetable Wellington with Roast Potatoes & Gravy	Cheese & Tomato Pizza with potato wedges	Vegan Mexican Roll with Chips & Tomato Sauce
	Option 3	Egg Roll, Crudites, A Piece of Fruit, Carrot Cake	Tuna Wrap, Piece of Fruit, Crudities, Apple & Raisin Flapjack	Cheese Roll, Crudities, Piece of Fruit, Chocolate Shortbread	Egg Roll, Crudites, A Piece of Fruit, Cookie	Tuna Wrap, Piece of Fruit, Crudities, Ice Cream
	Vegetables	Broccoli Cauliflower	Sweetcorn Peas	Cabbage Carrots	Green Beans Sweetcorn	Peas Baked Beans
	Dessert	Carrot Cake with Custard	Apple & Raisin Flapjack	Chocolate Shortbread	Orange & Cinnamon Cookie	Peaches & Ice Cream

Week Two 07th March 28th March 02nd May 23rd May 20th June 11th July 05th September 26th September 17rd October	Option 1	Macaroni Cheese	Spaghetti Bolognaise	Roast Turkey, Roast Potatoes & Gravy	BBQ Chicken Pizza with Potato Wedges	Fishfingers with Chips & Tomato Sauce
	Option 2	Jacket Potato with Tuna Mayonnaise	Vegan Spaghetti Bolognaise	Roast Quorn, Roast Potatoes, Stuffing, & Gravy	Cheese & Tomato Pizza with potato wedges	Cheese & Bean Pasty with Chips
	Option 3	Egg Roll, Crudites, A Piece of Fruit, Cookie	Tuna Wrap, Piece of Fruit, Crudities, Lemon Drizzle Cake	Cheese Roll, Crudities, Piece of Fruit, Catherine Wheel Cookie	Egg Roll, Crudites, A Piece of Fruit, Chocolate Brownie	Tuna Wrap, Piece of Fruit, Crudities, Banana Sponge
	Vegetables	Sweetcorn Cauliflower	Broccoli Green Beans	Carrots Cabbage	Broccoli Sweetcorn	Peas Baked Beans
	Dessert	Apple & Berry Crumble with Ice Cream	Lemon Drizzle Cake	Catherine Wheel Cookie	Chocolate Brownie with Chocolate Sauce	Banana Sponge

Week Three 14th March 04th April 09th May 6th June 27th June 18th July 12th September 03th October	Option 1	Chinese Chicken Curry & Rice	Vegan Meatballs & Pasta	Roast Chicken, Roast Potatoes, Stuffing & Gravy	Pork Sausage Hot Dog with Potato Wedges	Fish Fingers with Chips & Tomato Sauce
	Option 2	Jacket Potato & Beans	BBQ Quorn Fillet & Rice	Lentil & Basil Puff Pastry, Roast Potatoes & Gravy	Cheese & Tomato Pizza with potato wedges	Cheese & Red Pepper Frittata with Chips & Tomato Sauce
	Option 3	Egg Roll, Crudites, A Piece of Fruit, Lemon & Mixed Berry Cake	Tuna Wrap, Piece of Fruit, Crudities, Jelly	Cheese Roll, Crudities, Piece of Fruit, Chocolate Shortbread	Egg Roll, Crudites, A Piece of Fruit, Pineapple Cake	Tuna Wrap, Piece of Fruit, Crudities, Chocolate Shortbread
	Vegetables	Green Beans Cauliflower	Peas Sweetcorn	Carrot Cabbage	Sweetcorn Green Beans	Peas Baked Beans
	Dessert	Lemon & Mixed Berry Cake	Raspberry Jelly & Mandarins	Oaty Cookie	Pineapple Loaf with Custard	Chocolate Shortbread

Available Daily:

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

ALLERGY INFORMATION:
If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.