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King's Academy College Park

A King's Group Academy

Headteacher: Mrs R Carlyle

Monday 9th May 2022

Dear Parent/Carer,

As part of our PSHE (Personal, Social & Health Education) curriculum, next week in the infant school we will be discussing the NSPCC's **PANTS rules** in our classes. We will begin with an introduction in assembly on the Monday afternoon for children in Years 1 and 2.

During these discussions we will aim to teach the children the following important safety skills without giving explicit information or telling scary stories. We will be teaching the children how to stay safe by learning the PANTS rules, which the NSPCC have developed to be like a Green Cross Code for staying safe from sexual abuse.

PANTS stands for:

- **Privates are private**
- **Always remember your body belongs to you**
- **No means no**
- **Talk about secrets that upset you**
- **Speak up, someone can help**

The lessons will introduce a range of ideas, all delivered in a way that's fully age-appropriate, empowering pupils without using any frightening words.

These include:

- **good and bad touching**
- **your child's right to say no to things that make them feel upset or uncomfortable**
- **naming parts of the body**
- **who your child can turn to if they ever feel upset or worried.**

If you would like to know more about the NSPCC's campaign and learn how you can help keep your children safe in partnership with school, more information can be found in the attached guidance. Please also see the NSPCC website at nspcc.org.uk/pants

If you have any questions or concerns please don't hesitate to get in touch.

Mrs R Carlyle

Headteacher

